

# Physical Activity Club Training

2021- 2022





**Sign the byline *immediately!***

Relay this to your teams! We need signatures! Collecting signatures through  
9/22/21

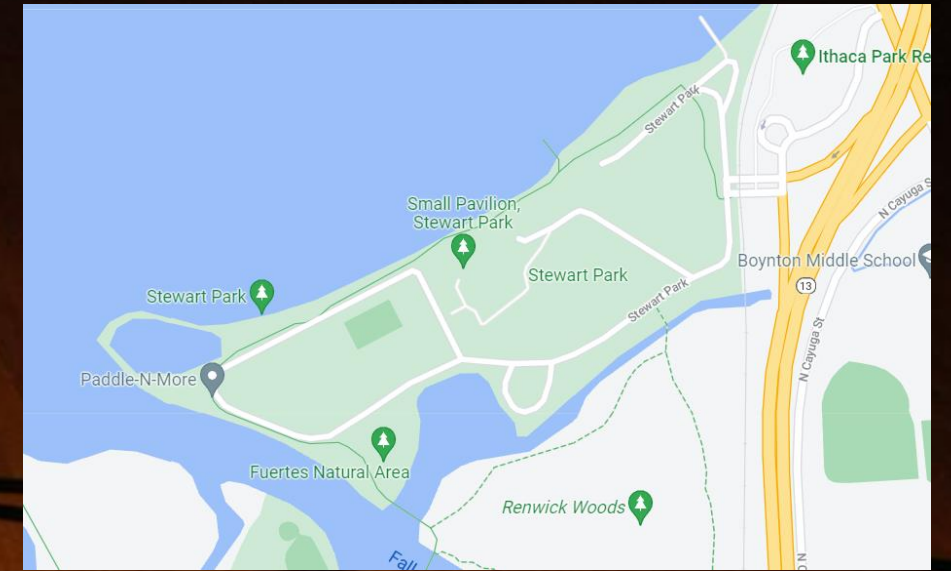
[https://cornell.campusgroups.com/Assemblies/survey?survey\\_uid=da0b026e-e00e-11eb-92ca-0ed0b84bd193](https://cornell.campusgroups.com/Assemblies/survey?survey_uid=da0b026e-e00e-11eb-92ca-0ed0b84bd193)

# COVID Physical Activity Regulations

## Masks need to worn at all times

- 3 strikes policy with SCL
- If teams do not comply, teams cannot reserve space, and therefore will be unable to practice or compete
- Complete list: <https://scl.cornell.edu/SportsClubs>

# Cass/Stewart Park Policy



- Teams **HAVE** to reserve space – you cannot just show up
- If the park itself cancels practices, you **CANNOT** go
- Concerns about not damaging the fields for other folks



# Physical Activity Club Definition

- A group of Cornell University students, faculty, and staff voluntarily organized for the purpose of furthering and promoting their interest in a particular sport or athletic activity.

# **Physical Activity Clubs:**

- **May be recreational, instructional or competitive in nature**
- **Members may have different skill levels**
- **Only current Cornell University students may participate in competitive sport club activities or activities that are physical in nature (i.e. boxing, contact martial arts, etc.)**
- **The Campus Activities Office reserves the right to add “sport club” category for RSOs that register with our office, have not checked that category, but appear to engage in activities that fit the definition of a Physical Activity Club.**

# Independent student organizations

- Volunteer Advisor
- ALL physical activity clubs are Independent Student Organizations
- What is Independent Classification mean?  
<https://scl.cornell.edu/RSOClassification>



# Benefits of Registering as a Student Org

- request funding,
- reserve space on campus (subject to restrictions),
- host events/meetings,
- receive support and guidance on promotion and branding,
- participate in leadership training workshops,
- qualify for club insurance through the Student Assembly's Club Insurance Program,
- and so much more!



# Use of Cornell name, logo & taxes

- Must receive permission to use “Cornell” in their names and use the university name only in a locational sense when entering into legally binding contractual agreements (i.e. “\_\_\_\_\_ Club at Cornell”)
- To use “Cornell” in any other order, name must include “Club”, “Class”, or “Student.” The word “team” cannot be used.
- All formal communications (websites, social media, etc.) must include the following statement in the footer of all online properties:
  - “This organization is a registered student organization of Cornell University.”
- Logos and artwork must adhere to the brand guidelines for all websites, artwork, or other visual representations
- <https://brand.cornell.edu/messaging/student-orgs/>



- Independent Organizations will not use the tax exempt status of the university

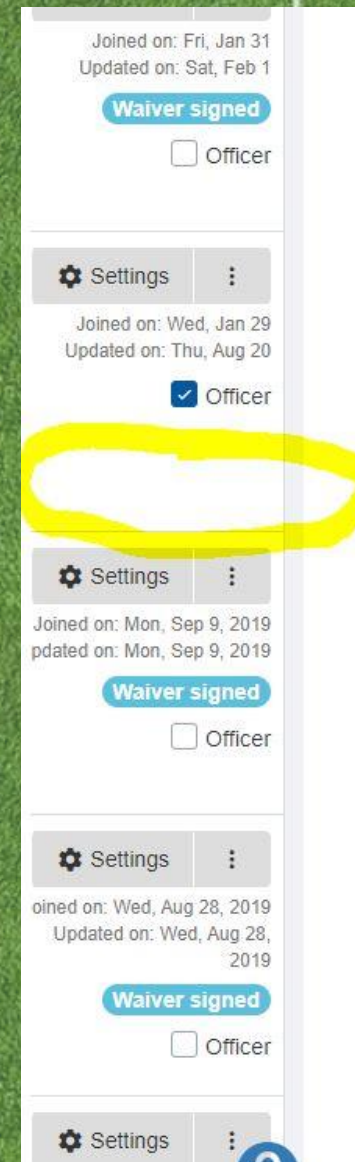
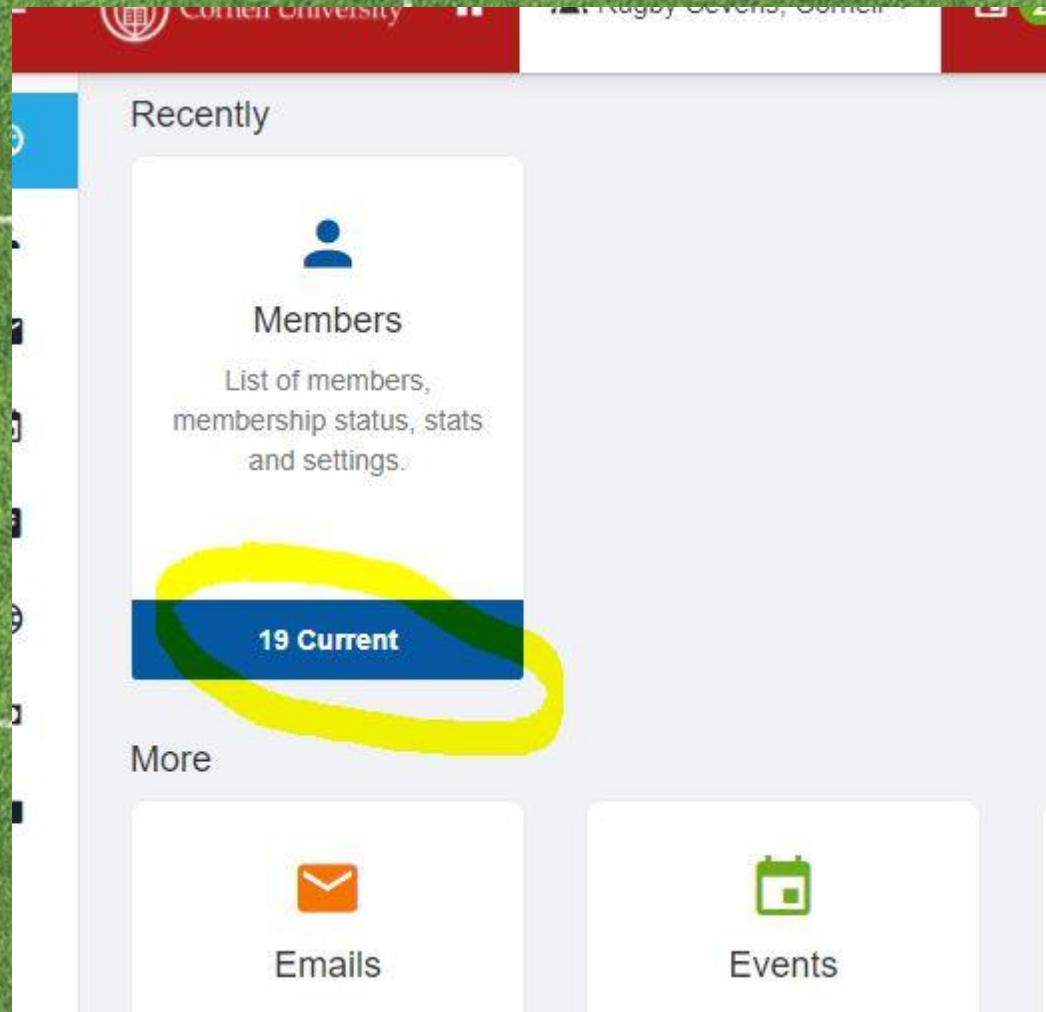
# **Agreement to Assume Risks & Waive Claims**

- **It is your responsibility to maintain and keep on file a current roster listing all current members. All members must sign an “Agreement to Assume Risks and Waive Claims” – THIS MUST HAPPEN ON CAMPUSGROUPS.**
- **Non-Club members participating in club activities must also sign a waiver (within CampusGroups).**

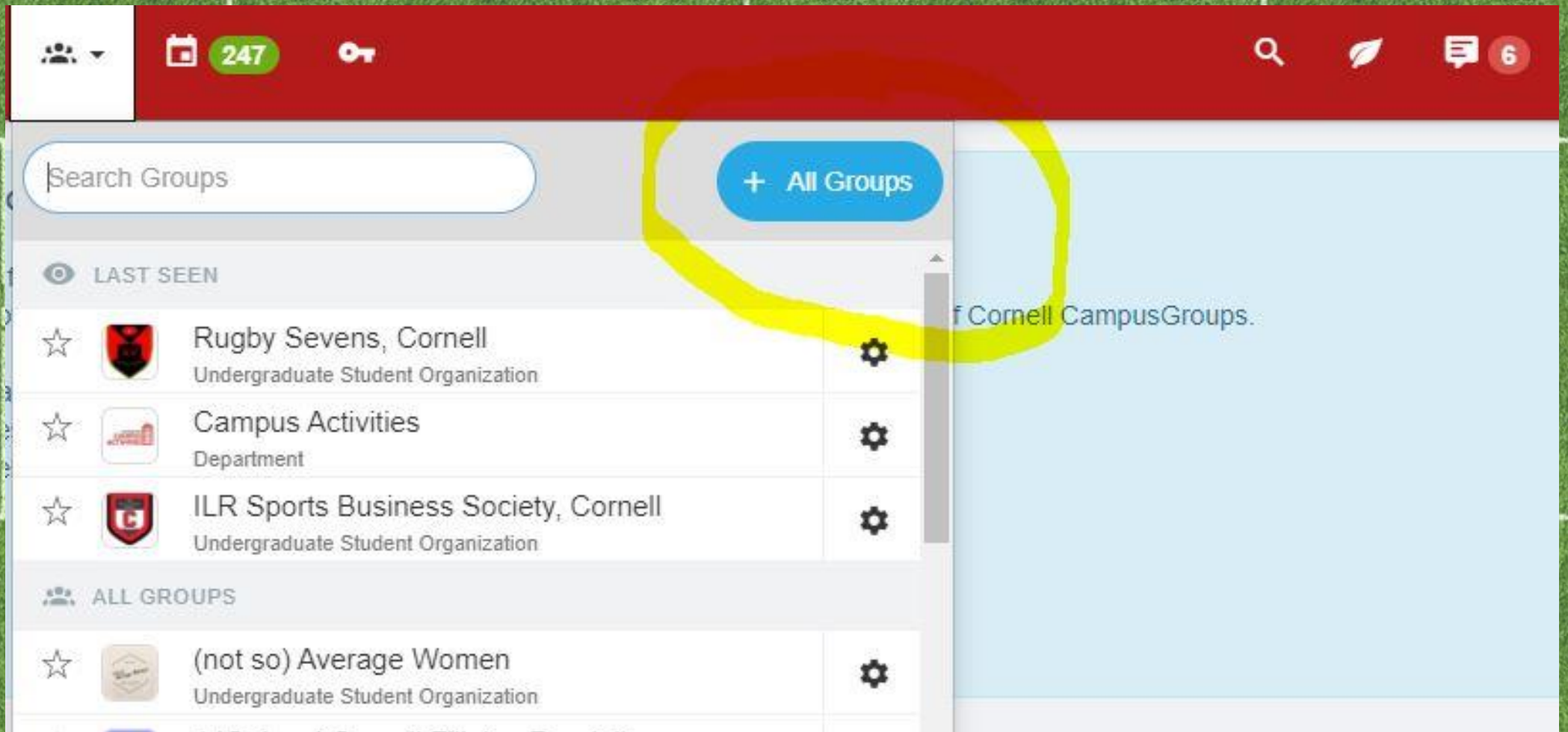
# Agreement to Assume Risks & Waive Claims

- The Signatory acknowledges and assumes the inherent risk of injury due to participation in the club's activities
- CU is not involved in the supervision, instruction or running of the club
- Waives claims and releases CU and the club, officers, advisor
- Verifies age of 18 or older. Enrolled Cornell students who are not yet 18 years old may sign the Agreement
- Signatory has read and understands the agreement and intends to be legally bound by its terms


# How to Check Waiver Completion





# How to Sign the Waiver




# How to Sign the Waiver

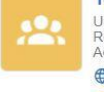
 **Touch Rugby Club at Cornell** Lifetime membership  
Undergraduate Student Organization - CA - Independent  
Registered Organization, CA - Sports Club Council, CSC, CA -  
Active and Recreational  
[Website](#) [Mission](#)  
**Group Not Registered Yet**

 **Women's Rugby, Cornell** Lifetime membership  
Undergraduate Student Organization - CA - Independent  
Registered Organization, CA - Sports Club Council, CSC, CA -  
Active and Recreational  
[Website](#) [Mission](#)  
[Contact: Email group officers](#)  
**Group Not Registered Yet**


 **Women's Sevens Rugby Club, Cornell** Lifetime membership  
Undergraduate Student Organization - CA - Independent  
Registered Organization, CA - Sports Club Council, CSC, CA -  
Active and Recreational  
**Join**



 **Sigma Chi** Lifetime membership  
Greek Organization - OSFL - Greek  
[Website](#) [Mission](#)  
**Group Not Registered Yet**

 **Touch Rugby Club at Cornell** Lifetime membership  
Undergraduate Student Organization - CA - Independent  
Registered Organization, CA - Sports Club Council, CSC, CA -  
Active and Recreational  
[Website](#) [Mission](#)  
**Group Not Registered Yet**

**Waiver:** You must read and agree with a waiver.  
 I read the waiver and I agree (click to read)  
**Please sign (enter your full name):**

 **Women's Rugby, Cornell** Lifetime membership  
Undergraduate Student Organization - CA - Independent  
Registered Organization, CA - Sports Club Council, CSC, CA -  
Active and Recreational  
[Website](#) [Mission](#)  
**Join**

# How to Sign Waiver

AGREEMENT TO ASSUME RISKS AND WAIVE CLAIMS

**PLEASE READ CAREFULLY. THIS DOCUMENT CONTAINS IMPORTANT INFORMATION AND LEGALLY BINDING TERMS.**

**RISKS OF INJURY:** Participating in the below activities includes inherent risks.

- Academy FC, Cornell (CAFC)
- Buds Ultimate
- F.C CoCo (Men's Club Soccer)
- Field Hockey Club, The Cornell
- JOHNSON FC (previously Soccer Club)
- JOHNSON Frozen Assets
- JOHNSON School Basketball Club
- JOHNSON School Graduate Rugby Club
- JOHNSON School Men's Ice Hockey
- Malott Hall Football Club
- Men's Club Basketball
- Men's Club Ice Hockey, Cornell
- Men's Club Lacrosse, Cornell
- Men's Ice Hockey Practice Squad, Cornell
- Men's Rugby Football Club, Cornell
- Mundial FC Mens Club Soccer, Cornell
- Quidditch, Cornell
- Roller Hockey Club, Cornell
- Rugby Sevens, Cornell
- Santos Soccer Club (previously, United Men's Club Soccer, Cornell)
- Tech Sports Club, Cornell
- Touch Rugby Club at Cornell
- Western Equestrian Club, Cornell
- Women's Club Basketball, Cornell University
- Women's Club Lacrosse, Cornell
- Women's Club Soccer, Cornell
- Women's Ice Hockey Club, Cornell
- Women's Rugby, Cornell
- Women's Sevens Rugby Club, Cornell
- Women's Ultimate Frisbee, Cornell Thruway Race



**WAIVER**

# Types of Injuries- Concussions

Identifying individuals with concussions is very complicated, even for trained medical professionals. Common signs and symptoms of concussions-

- Can't recall events prior to or after a hit or fall
- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes

## Symptoms:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion or problems with concentration or memory.
- Just not “feeling right,” or “feeling down.”

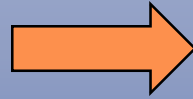


# **Types of Injuries**

- **LACERATIONS**
- **BROKEN BONES**
- **DEHYDRATION**
- **HEAT EXHAUSTION**
- **HEAD/EYE INJURIES**
- **BRAIN DAMAGE**
- **PARALYSIS**
- **BACK/NECK/SPINE INJURIES**
- **HEART ATTACK**
- **STROKE**
- **TRAUMA FROM PHYSICAL CONTACT WITH PARTICIPANTS, EQUIPMENT, OR PLAYING SURFACE**
- **DEATH**

# Emergency Services

Prior to Event



Request CUEMS be onsite during events on University property

During Events



If CUEMS is not on-site, call Cornell Police  
**607-255-1111**

# Hazing

Cornell University prohibits any organization from engaging in any action or situation that endangers mental or physical health, or involves the consumption of liquor or drugs for the purpose of initiation into or affiliation with any organization.

Hazing at Cornell



<http://hazing.cornell.edu>

# Discrimination

The RSO shall not discriminate on the basis of race, color, religion, national origin, disability, gender, citizenship, sexual orientation, or age when determining its membership

Possible exceptions = gender and/or skill level where selection for such clubs is based upon competitive athletic skill or the activity involved is a contact sport

Cornell University Title IX



<https://titleix.cornell.edu/>

# Need a certificate of insurance?

Request a certificate of insurance for an off-campus venue, contact [risk\\_mgmt@cornell.edu](mailto:risk_mgmt@cornell.edu).

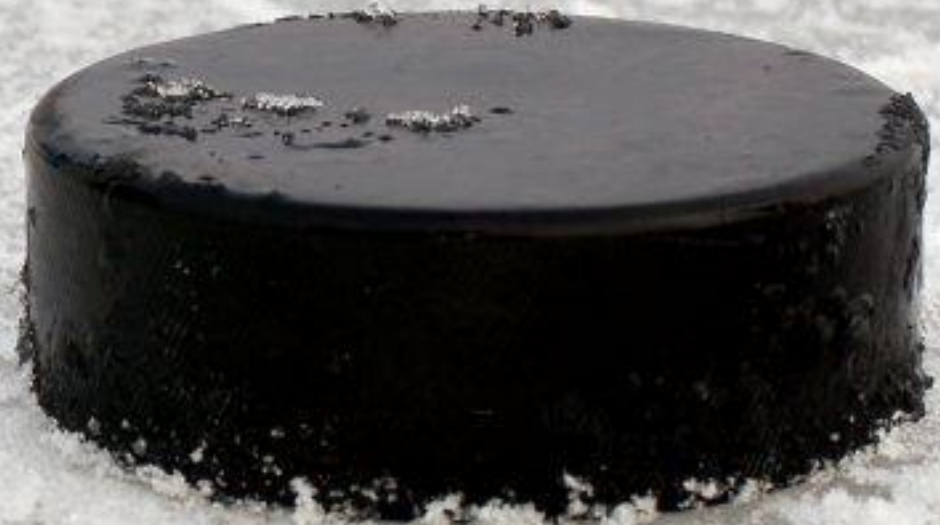
# What is a third party?

relating to a person or group besides the two primarily involved in a situation.

# Third Parties

When dealing with third parties, you have agreed:

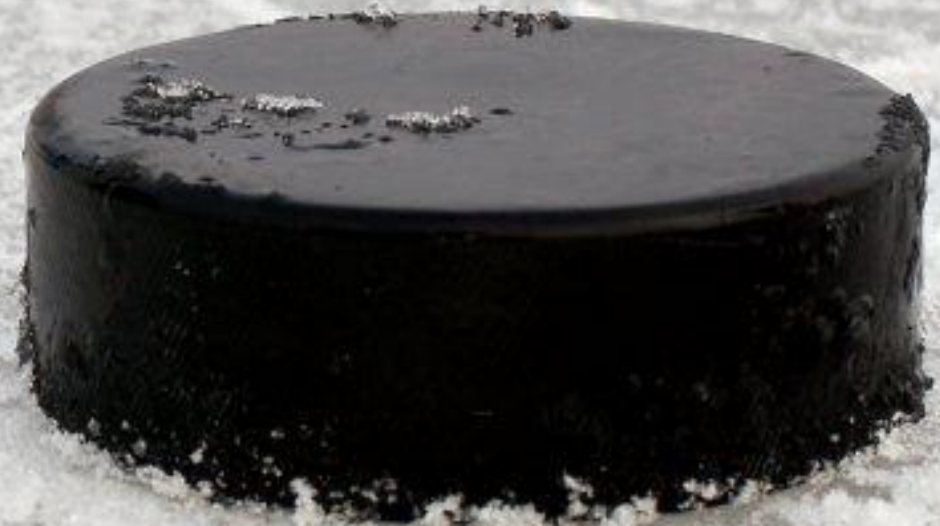
- To make it clear that your club is not part of, controlled by or acting on behalf of the university.
- In letters and other materials you have agreed to include this statement: “Although this organization has members who are Cornell University students, faculty, or staff, the organization is independent of the University and is responsible for its own contracts, acts or omissions.”
- Officers of Physical Activity clubs are responsible for determining the coaching, instructional, training and other support that is needed for the club and securing it. Cornell does not provide coaches, trainers or physical therapists, etc. for clubs, which are independent organizations.
- A club cannot exist to permit a local instructor to conduct his/her business on campus. Physical Activity Clubs can choose to appoint and/or hire coaches and instructors and can choose to replace said coaches and instructors. The coach and/or instructor works for the students.



# Third Parties Cont.

When you engage in legally binding contracts/agreements on behalf your club, you will include the following statement that shall be initialed and dated by all parties to the contract or other agreement:

- “[NAME OF ORGANIZATION], the party to this agreement/ document, is an independent student organization and is neither a unit of Cornell University nor an agent of Cornell University for any purpose.
- [NAME OF ORGANIZATION] is not authorized to commit Cornell University contractually and therefore this agreement/document does not contain the commitment of, and is not in any manner binding upon or enforceable against, Cornell University.”



# Club Insurance Program

Independent Student Organizations are covered under a general liability insurance policy that is funded through the student activity fee

How can you PREVENT liability?

- Do the right thing!
- Make responsible decision
- Drive safely
- Carefully select third parties
- Communicate with the other club members
- Don't leave a member in a hospital with no way home
- Report incidents and accidents when they happen



## **Health Insurance**

**Your personal health insurance is the primary coverage for medical expenses incurred as a result of sustaining an injury during sport club activities.**

## **Purchasing Additional Insurance**

**Catastrophic accident insurance may be available based upon a vote of the student governing body representatives**



**Communicate to your members!**

**Relay this  
information to the  
other members of  
your club!**

# University Resources

Campus Activities Office

<https://scl.cornell.edu/get-involved/campus-activities>

Club Sports and/or Physical Activity

<https://scl.cornell.edu/SportsClubs>

Big Red Guidebook for RSOs

<https://scl.cornell.edu/RSOGuidebook>

Cornell Recreation Services

<https://recreation.athletics.cornell.edu/>

Cornell Athletics Facilities

<https://cornellbigred.com/facilities/>

Risk Management and Insurance

<http://www.risk.cornell.edu/>

Cornell Health

<https://health.cornell.edu/>

Cornell Police

<https://www.cupolice.cornell.edu/>

CUEMS

<http://cuems.cornell.edu/>

**Thanks for listening!**

**Questions?**

Contact Us!

Email us at [clubsports@cornell.edu](mailto:clubsports@cornell.edu)

Follow us on Instagram @cornellclubsports



**CORNELL  
CLUB SPORTS  
COUNCIL**