

# Soup & Hope

## 2023



Thursdays @ Noon  
Come in from the cold.  
Sage Chapel

**Fill your bowl with soup. Add some bread.**

We'll serve up six speakers to share personal stories of hope. Offered in person and by livestream. Go online for registration links, speaker bios, and additional details.

Jan 12 **Mark T. Valley**

Jan 26 **Lauren Free**

Feb 9 **Erin Sember-Chase**

Feb 23 **Alex Nik Pasqualini**

Mar 09 **Julie Paige**

Mar 23 **Karim-Aly S. Kassam**

[soupandhope.cornell.edu](http://soupandhope.cornell.edu)



**About the series:** Talks reflect speakers' diverse cultural, religious, political, and philosophical beliefs and experiences of hope

**Co-sponsors:** Office of Spirituality and Meaning-Making and Cornell United Religious Work, Cornell Catering, and Cornell Health

**SAGE**  
where spirit and intellect meet